

# DIVINE SPECTRUM

APRIL-JUNE 2025



## MDPS TIMES

SCHOOL'S OFFICIAL  
NEWSLETTER  
GRADE - I A

MOTHER DIVINE PUBLIC SCHOOL

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# ARTICLE BY JUNIOR PROGRAMME HEAD



**By Ms. Aastha Bhola, Head of Junior programme  
A. MDPS (Nursery to Grade II)**

## **“Nurturing the Roots: A Joint Journey in Early Childhood Education”**

The earliest years of a child’s life are truly magical — a time of wonder, discovery, and the joyful innocence that lays the foundation for a lifetime of learning. At MDPS, we recognize that education for our youngest learners, from Nursery to Grade II, is not just about academics. It’s about nurturing the whole child — their mind, body, heart, and spirit.

### **The Power of Parent Partnership**

No school can do it alone. A child’s first and most important teachers are their parents. When parents and educators work together, the impact is profound. We deeply value our partnership with families and believe open communication, mutual respect, and shared goals are the cornerstones of success.

We encourage parents to take an active interest in their child’s school life — not just during meetings or events, but in everyday moments. Ask about their day, read together, play together, and most importantly, listen with your full attention. Your presence matters more than perfection.

### **Tips for Parents of Little Learners:**

- **Build routines:** Young children thrive on structure. Consistent bedtimes, mealtimes, and study times help them feel secure.
- **Encourage questions:** Even the silliest “why?” is a sign of a curious mind. Celebrate their wonder!
- **Limit screen time:** Encourage real-world play and face-to-face conversations over digital entertainment.
- **Model behavior:** Children learn by watching. Show kindness, patience, and honesty in your daily actions.
- **Celebrate small wins:** A kind gesture, a new word spoken, or a drawing shared — acknowledge these little moments with joy.
- **Be patient:** Growth is not always visible, and every child moves at their own pace. Trust the process and keep encouraging them.

### **A Shared Vision**

In these foundational years, we are not just teaching subjects — we are shaping lives. Together, as educators and parents, we are planting the seeds of lifelong learning, character, and compassion.

Let us continue to walk hand in hand, creating a joyful, enriching, and meaningful journey for our children. Because when we nurture the roots with love and care, the tree will surely grow strong and beautiful.



## FROM THE EDUCATOR'S DESK



**Ms. Jyoti Sharma**



**Ms. Manu Sharma**

**"A teacher is not just a guide of lessons, but a spark of inspiration that lights the path of endless possibilities."**

Each morning begins with eager eyes and hopeful hearts walking into the classroom, ready to explore, express, and enjoy. The sparkle in their eyes when they understand something new, the pride in their voice when they share their thoughts, and the joy in their laughter create a world of pure magic.

These little moments remind me that learning is not just about books, it's about building confidence, friendships, and memories that last. I'm grateful to be a part of their journey, guiding them as they grow into curious, compassionate individuals.





# SHINING STARS



**NAME- Lavyansh Rai Sharma**  
**CLASS- I-A**  
**MONTH -APRIL**

Lavyansh Listens carefully,  
grasps concepts quickly, and  
applies them with confidence.



**NAME- Maisha Singh**  
**CLASS-I-A**  
**MONTH -MAY**

Maisha Takes initiative in  
completing tasks and shows  
responsibility towards  
classroom activities.





# CLASSROOM CHRONICLES

Let's

Go

## New Beginnings, Bright Smiles Welcoming Session - 2025–26 (1st to 4th April 2025)

*"Every new beginning brings the chance to grow, to dream, and to shine."*

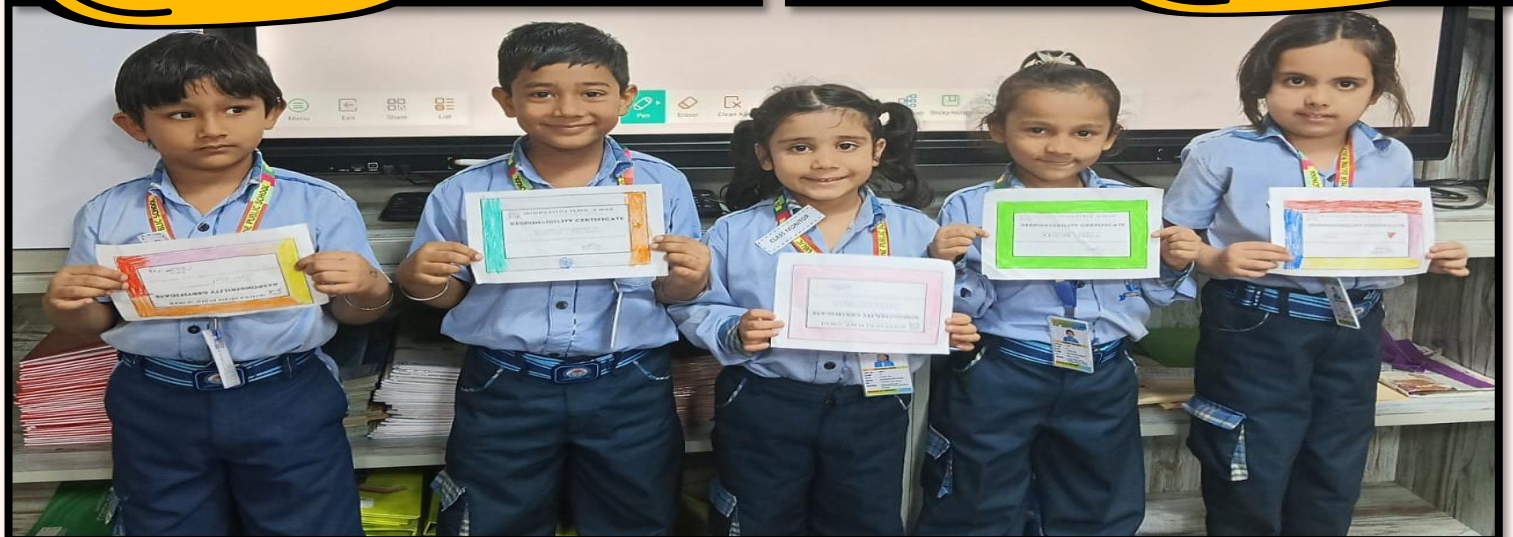
The new academic session commenced with joy and enthusiasm as students engaged in interactive activities that made them feel comfortable and connected. The activities were planned to revise previous concepts, encourage participation, and build confidence. Students showed excitement, collaborated actively in games and discussions, and developed a positive attitude towards learning, setting a cheerful and productive tone for the year ahead.



Advit and Bhawik gave a thumbs up to their new classroom because they loved being here!



Kiyanshi: We started our school year with smiles, crafts, and lots of excitement.





# Baisakhi celebration (11th April 2025)



"Festivals are the threads that weave joy, culture, and togetherness into our lives."

The spirit of Baisakhi was brought alive as children came dressed in vibrant traditional Punjabi attire. Their energetic dance performances, filled with rhythm and excitement, beautifully reflected the festive mood. Through engaging stories and discussions, they also learned about the cultural and agricultural importance of Baisakhi. The day was a wonderful blend of joy, tradition, and learning.



Our little hearts danced with happiness as we embraced the colours of Punjab. Dressed in vibrant colours, we danced to the rhythm of joy and tradition!"







# Earth Day (22nd April 2025)



“The Earth is what we all have in common — let’s nurture it with every little hand and heart.”

The spirit of sustainability came alive as students participated in the “DIY Eco-Friendly Bag & Green Pledge” activity. With cheerful faces and imaginative minds, each child brought a plain cloth or reusable bag from home and transformed it into a colourful creation using natural or fabric-safe colours. The classrooms turned into art studios filled with creativity, laughter, and a strong message — say no to plastic and yes to eco-friendly choices.



We celebrated Earth Day with art, awareness, and a whole lot of heart. "Go green, stay clean, that's our Earth Day dream!"





# Workshop

## Child Nourishment and Wellness

(25th April 2025)

**“Healthy habits in childhood build strong bodies and brighter futures.”**

A virtual workshop on Child Nourishment and Wellness was conducted to promote healthy eating and overall well-being. Students and parents participated in fun activities and interactive sessions focused on balanced diets, hygiene, and fitness. The workshop encouraged simple, everyday habits that support a healthier lifestyle for children and families alike.

Building strong bodies and bright futures

**WHAT IS NUTRITION?**

Nutrition involves... and it's effective... Essential carbohydrates, vitamins, and...

**WHY CHILD NUTRITION MATTERS?**

- Supports physical and mental growth
- Strengthens the immune system
- Enhances concentration and learning ability
- Builds long-term healthy habits

Kartik : “I ate my fruits and veggies today because I want to be strong like my favourite superhero!”

Illustration of three people standing next to three recycling bins (yellow, green, and blue).





# Post office (30th April 2025)



**"Every letter carries a message, and every message carries a connection."**

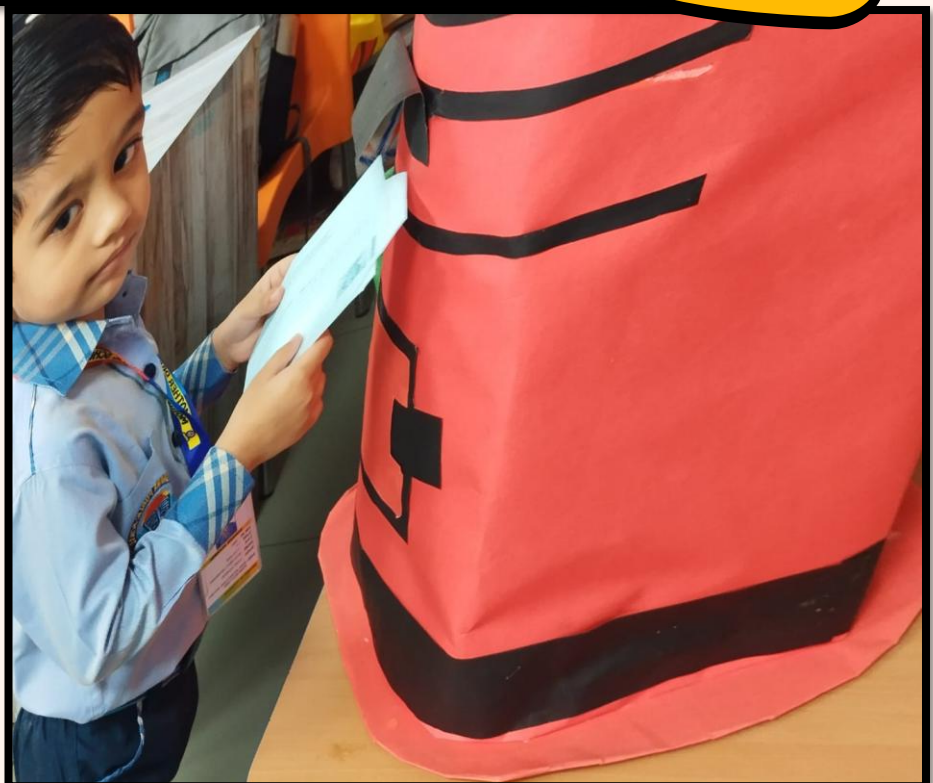
Mother Divine Public School organized an interactive activity titled "Visit to Post Office" for Grades I and II. The activity aimed to build awareness about postal services and develop writing skills. Students brought shoeboxes and turned them into creative mini post offices, writing letters to their friends that were exchanged through classroom mailboxes to encourage meaningful connections. A mock post office was later set up in school, where children observed how letters are sorted, stamped, and delivered. The experience helped them understand how the postal service operates.



Lavanya said  
"today i  
learned how  
letters travel"



"We had a fun day at the post office! We saw how letters are sorted, met a postman, and even posted our own letters!"







Nikhil: I just posted my first letter, it was exciting!





# Red Colour and Mother's Day (9th May 2025)



**"Red is not just a colour— it's the feeling of love we celebrate for our mothers today."**

The celebration was filled with joy and vibrant colours as children came dressed in dazzling red outfits, radiating warmth and excitement. They shared neatly chopped red fruits, learning the importance of healthy eating in a fun and engaging way. A lively dramatization of Little Red Riding Hood brought the story to life, adding laughter and cheer. To make the day even more meaningful, children crafted heartfelt Mother's Day onion-printed bouquets to express their love. The activities encouraged creativity, healthy habits, and emotional expression, making it a truly memorable celebration.







"With love in our hearts and crafts in our hands, we made our moms feel grand!"



Shivoy: Me and my friends wore red and filled the day with love and joy.







# Father's Day (15th June 2025)



“Dads are the anchors of our lives and the heroes of our

## PARENT ACTIVITY

Children celebrated Father's Day with great joy by making thoughtful cards and sharing loving messages. They expressed their gratitude through creative art. This beautifully highlighted the special bond between fathers and their children, filling the day with warmth and smiles.

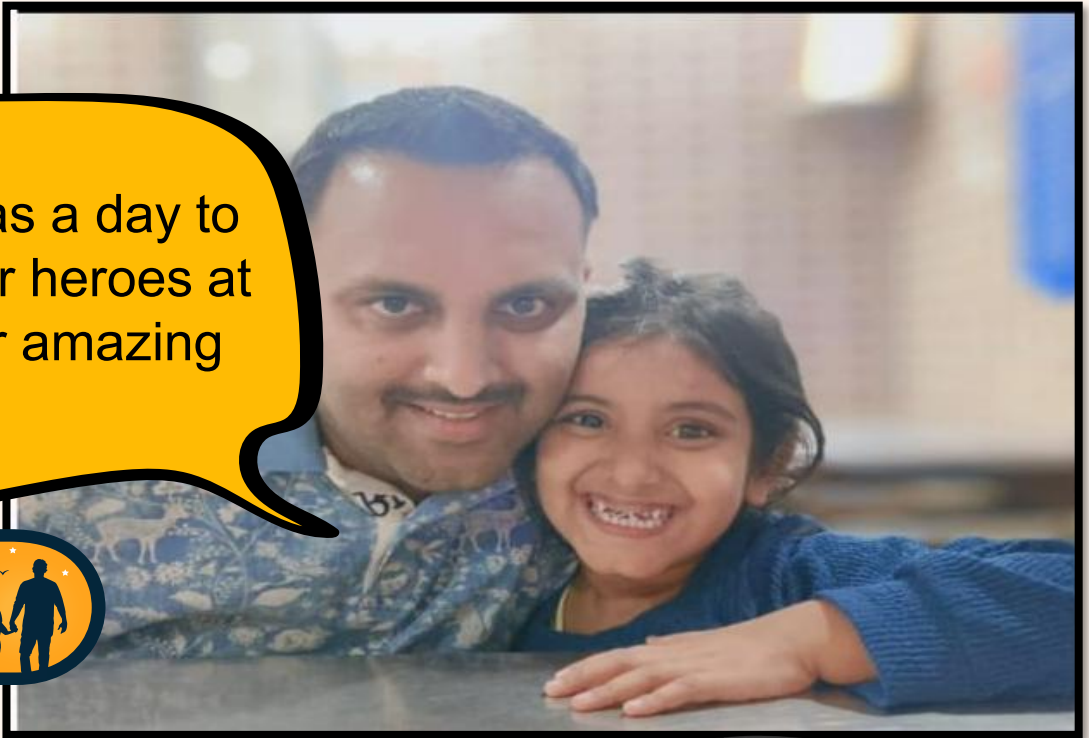


Siya: On Father's Day, I made a special card for Papa and gave him a big hug! We went for a walk in the park and talked about our favourite memories. Papa is my superhero, and I feel lucky every day to be his daughter!





Prisha "It was a day to cheer for our heroes at home — our amazing fathers!"



Maisha: My dad is best in all! I love my dad







# International Yoga Day (21st June 2025)



**"Yoga is the journey of the self, through the self, to the self."**

## PARENT ACTIVITY

The school celebrated International Yoga Day with great enthusiasm to promote health and mindfulness among students. Children actively participated in simple yoga asanas, breathing exercises, and stretching activities led by trained instructors. The session helped students improve their focus, flexibility, and inner calm. It was a refreshing start to the day, encouraging young minds to embrace a healthy and balanced lifestyle.



# YOGA





Vaidik: I did my butterfly pose and felt like a real butterfly! Yoga helps me stretch and shine!



Ivaan: : I enjoy doing yoga with my family. I promise to do it daily to become more healthy and strong.



Jivanshi: "I jumped into yoga with joy today! My body feels fresh and my mind happy!!"



**YOGA**







Risheek: On Yoga Day, I did my favorite asana with a big smile! Yoga makes my body strong and my mind calm.

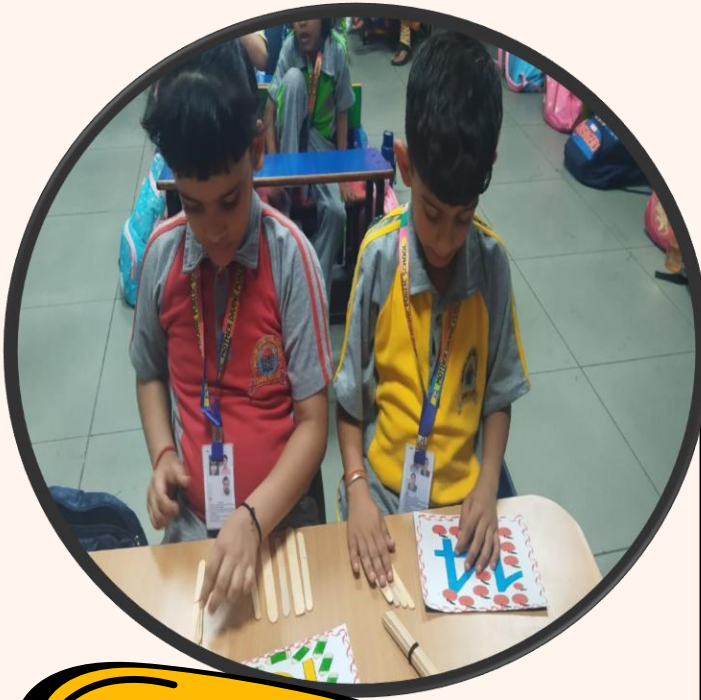


Siya: I did Yoga with a big smile and steady breath, It gives me energy and peace all day long!

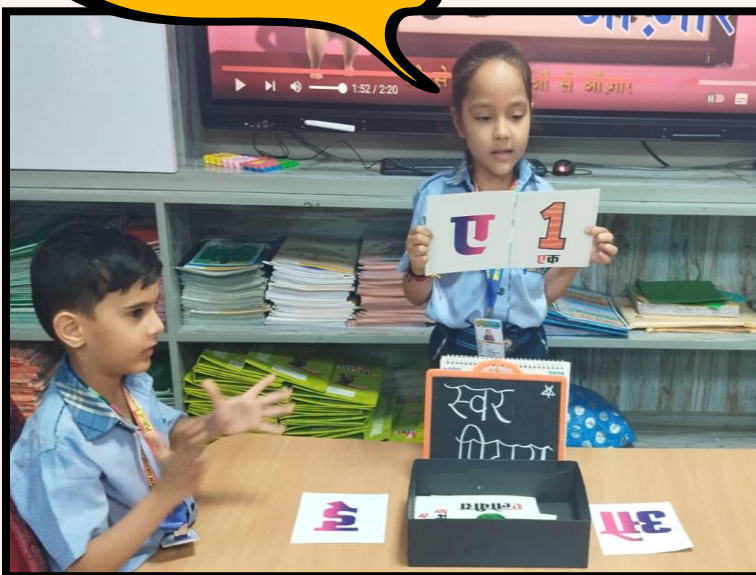


# YOGA





Samridhi: "I  
picked the swar  
'ए' and said it  
with a big smile!"





# Stay Tuned

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